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## 400m Individual Medley Men Final last heat

Official

[Entries](#)
[Heats](#)
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Total

13 years

14 years

15 years

16-109 years

Rank	Competitor	Age	Club	RT	PTS	Result
1	 Younger Jack	16	 Masterton ...			<b>4:59.32</b> Entry: 5:05.00 (-5.68)
	50m: 31.05	100m: 1:09.06 (38.01)	150m: 1:48.92 (39.86)			
	200m: 2:27.89 (38.97)	250m: 3:11.71 (43.82)	300m: 3:55.53 (43.82)			
	350m: 4:28.49 (32.96)	400m: 4:59.32 (30.83)				
2	 McNabb Finlay	16	 Blenheim S...			<b>5:00.27</b> Entry: 5:07.66 (-7.39)
	50m: 30.08	100m: 1:05.79 (35.71)	150m: 1:43.21 (37.42)			
	200m: 2:20.27 (37.06)	250m: 3:06.63 (46.36)	300m: 3:52.64 (46.01)			
	350m: 4:27.60 (34.96)	400m: 5:00.27 (32.67)				
3	 Woodward Monte	15	 Aquabladz ...			<b>5:00.84</b> Entry: 5:14.22 (-13.38)
	50m: 31.13	100m: 1:07.39 (36.26)	150m: 1:46.89 (39.50)			
	200m: 2:25.36 (38.47)	250m: 3:10.38 (45.02)	300m: 3:55.85 (45.47)			
	350m: 4:29.40 (33.55)	400m: 5:00.84 (31.44)				
4	 Anson Lukas	16	 Selwyn Swi...			<b>5:03.99</b> Entry: 5:11.89 (-7.90)
	50m: 31.68	100m: 1:08.80 (37.12)	150m: 1:46.61 (37.81)			
	200m: 2:23.42 (36.81)	250m: 3:09.32 (45.90)	300m: 3:55.31 (45.99)			
	350m: 4:30.54 (35.23)	400m: 5:03.99 (33.45)				
5	 Bazley Charlie	14	 Raumati S...			<b>5:10.19</b> Entry: 5:31.06 (-20.87)
	50m: 31.44	100m: 1:08.28 (36.84)	150m: 1:49.58 (41.30)			
	200m: 2:30.31 (40.73)	250m: 3:13.86 (43.55)	300m: 3:58.67 (44.81)			
	350m: 4:35.33 (36.66)	400m: 5:10.19 (34.86)				
6	 Adams Eli	18	 Raumati S...			<b>5:11.14</b> Entry: 5:20.34 (-9.20)
	50m: 33.39	100m: 1:12.07 (38.68)	150m: 1:50.75 (38.68)			
	200m: 2:29.38 (38.63)	250m: 3:13.74 (44.36)	300m: 3:58.80 (45.06)			
	350m: 4:35.79 (36.99)	400m: 5:11.14 (35.35)				
7	 Pedersen Oscar	15	 Coast Swi...			<b>5:12.30</b> Entry: 5:36.11 (-23.81)
	50m: 32.12	100m: 1:11.00 (38.88)	150m: 1:51.49 (40.49)			
	200m: 2:31.08 (39.59)	250m: 3:16.13 (45.05)	300m: 4:01.81 (45.68)			
	350m: 4:38.09 (36.28)	400m: 5:12.30 (34.21)				
8	 Cross Sean	17	 Murihiku S...			<b>5:13.87</b> Entry: 5:06.84 (+7.03)
	50m: 31.36	100m: 1:07.89 (36.53)	150m: 1:49.88 (41.99)			
	200m: 2:31.32 (41.44)	250m: 3:17.08 (45.76)	300m: 4:04.45 (47.37)			
	350m: 4:39.18 (34.73)	400m: 5:13.87 (34.69)				
9	 Calder-Kerr Maxwell	14	 Ice Breaker...			<b>5:14.20</b> Entry: 5:26.66 (-12.46)
	50m: 33.62	100m: 1:14.91 (41.29)	150m: 1:54.62 (39.71)			

200m: 2:33.41 (38.79) 250m: 3:18.26 (44.85) 300m: 4:03.63 (45.37)  
350m: 4:39.47 (35.84) 400m: 5:14.20 (34.73)


10  Elliott Graysen

50m: 31.28  
200m: 2:29.67 (40.23)  
350m: 4:38.49 (37.89)


15  Hamilton Aq...

100m: 1:09.24 (37.96) 150m: 1:49.44 (40.20)  
250m: 3:13.61 (43.94) 300m: 4:00.60 (46.99)  
400m: 5:14.96 (36.47)

5:14.96  
Entry: 5:17.19 (-2.23)

11  Smith Ajay

50m: 32.76  
200m: 2:31.65 (39.85)  
350m: 4:41.17 (35.47)

16  Murihiku S...

100m: 1:10.92 (38.16) 150m: 1:51.80 (40.88)  
250m: 3:18.67 (47.02) 300m: 4:05.70 (47.03)  
400m: 5:15.00 (33.83)

5:15.00  
Entry: 5:35.51 (-20.51)

12  Chapman Kain

50m: 33.99  
200m: 2:33.94 (37.31)  
350m: 4:42.63 (33.54)

15  Waterhole ...

100m: 1:17.93 (43.94) 150m: 1:56.63 (38.70)  
250m: 3:21.44 (47.50) 300m: 4:09.09 (47.65)  
400m: 5:15.30 (32.67)

5:15.30  
Entry: 5:27.56 (-12.26)

13  Doidge Ethan

50m: 32.89  
200m: 2:31.62 (40.73)  
350m: 4:42.78 (34.68)

17  Papakura S...

100m: 1:11.89 (39.00) 150m: 1:50.89 (39.00)  
250m: 3:18.67 (47.02) 300m: 4:08.10 (4:08.10)  
400m: 5:16.47 (33.69)

5:16.47  
Entry: 5:29.03 (-12.56)

14  Bryant Finn

50m: 31.91  
200m: 2:34.88 (42.10)  
350m: 4:43.74 (37.27)

16  Nelson Sou...

100m: 1:10.08 (38.17) 150m: 1:52.78 (42.70)  
250m: 3:20.15 (45.27) 300m: 4:06.47 (46.32)  
400m: 5:19.10 (35.36)

5:19.10  
Entry: 5:20.85 (-1.75)

15  Brown Kaleb

50m: 35.48  
200m: 2:36.20 (38.61)  
350m: 4:42.93 (37.18)

16  Aquagym S...

100m: 1:17.57 (42.09) 150m: 1:57.59 (40.02)  
250m: 3:20.55 (44.35) 300m: 4:05.75 (45.20)  
400m: 5:19.46 (36.53)

5:19.46  
Entry: 5:28.27 (-8.81)

16  Winder Marlow

50m: 32.29  
200m: 2:29.37 (38.17)  
350m: 4:44.33 (35.87)

15  North Shor...

100m: 1:12.04 (39.75) 150m: 1:51.20 (39.16)  
250m: 3:18.58 (49.21) 300m: 4:08.46 (49.88)  
400m: 5:19.79 (35.46)

5:19.79  
Entry: 5:38.72 (-18.93)

17  Lafaefe-Pucher Bishop

50m: 31.78  
200m: 2:34.16 (42.44)  
350m: 4:44.49 (36.30)

14  Pukekohe ...

100m: 1:10.39 (38.61) 150m: 1:51.72 (41.33)  
250m: 3:20.92 (46.76) 300m: 4:08.19 (47.27)  
400m: 5:19.80 (35.31)

5:19.80  
Entry: 5:40.35 (-20.55)

18  Wheatley Oliver

50m: 32.09  
200m: 2:32.61 (40.41)  
350m: 4:44.21 (36.45)

15  Aquabladz ...

100m: 1:10.83 (38.74) 150m: 1:52.20 (41.37)  
250m: 3:19.31 (46.70) 300m: 4:07.76 (48.45)  
400m: 5:20.73 (36.52)

5:20.73  
Entry: 5:32.03 (-11.30)























19  Pearson Zane

50m: 33.72  
200m: 2:39.13 (41.40)  
350m: 4:45.84 (36.86)

16  Whakatane...

100m: 1:13.51 (39.79) 150m: 1:57.73 (44.22)  
250m: 3:23.61 (44.48) 300m: 4:08.98 (45.37)  
400m: 5:20.77 (34.93)

5:20.77  
Entry: 5:14.86 (+5.91)

20	 Lawrence Wesley	15	 Hamilton Aq...	5:20.98 Entry: 5:31.64 (-10.66)
	50m: 34.28      100m: 1:12.57 (38.29)		150m: 1:52.68 (40.11)	
	200m: 2:30.66 (37.98)		250m: 3:19.01 (48.35)	
	350m: 4:45.10 (37.80)		300m: 4:07.30 (48.29)	
			400m: 5:20.98 (35.88)	
21	 Herbert Will	14	 Howick Pak...	5:21.25 Entry: 5:27.17 (-5.92)
	50m: 31.90      100m: 1:10.74 (38.84)		150m: 1:56.17 (45.43)	
	200m: 2:40.13 (43.96)		250m: 3:24.74 (44.61)	
	350m: 4:47.86 (36.89)		300m: 4:10.97 (46.23)	
			400m: 5:21.25 (33.39)	
22	 Elder Isaac	15	 Central Sou...	5:21.62 Entry: 5:36.90 (-15.28)
	50m: 33.61      100m: 1:13.52 (39.91)		150m: 1:56.37 (42.85)	
	200m: 2:37.34 (40.97)		250m: 3:24.80 (47.46)	
	350m: 4:47.99 (35.95)		300m: 4:12.04 (47.24)	
			400m: 5:21.62 (33.63)	
23	 Norgate Charlie	14	 Jasi Swim ...	5:21.77 Entry: 5:23.60 (-1.83)
	50m: 35.75      100m: 1:17.97 (42.22)		150m: 2:00.01 (42.04)	
	200m: 2:40.54 (40.53)		250m: 3:25.60 (45.06)	
	350m: 4:48.42 (36.28)		300m: 4:12.14 (46.54)	
			400m: 5:21.77 (33.35)	
24	 Houghton Luke	14	 Liz van Wel...	5:21.83 Entry: 5:22.24 (-0.41)
	50m: 33.08      100m: 1:14.80 (41.72)		150m: 1:57.08 (42.28)	
	200m: 2:37.44 (40.36)		250m: 3:21.85 (44.41)	
	350m: 4:44.62 (37.74)		300m: 4:06.88 (45.03)	
			400m: 5:21.83 (37.21)	
25	 Ling Byron	14	 Howick Pak...	5:21.87 Entry: 5:29.07 (-7.20)
	50m: 35.32      100m: 1:17.71 (42.39)		150m: 2:02.21 (44.50)	
	200m: 2:44.52 (42.31)		250m: 3:27.06 (42.54)	
	350m: 4:47.28 (36.20)		300m: 4:11.08 (44.02)	
			400m: 5:21.87 (34.59)	
26	 Burford Samuel	16	 Wharenui S...	5:22.39 Entry: 5:26.83 (-4.44)
	50m: 32.97      100m: 1:11.78 (38.81)		150m: 1:52.40 (40.62)	
	200m: 2:32.25 (39.85)		250m: 3:20.59 (48.34)	
	350m: 4:46.54 (37.28)		300m: 4:09.26 (48.67)	
			400m: 5:22.39 (35.85)	
27	 Graham Jono	14	 Selwyn Swi...	5:22.64 Entry: 5:22.71 (-0.07)
	50m: 33.95      100m: 1:13.21 (39.26)		150m: 1:53.32 (40.11)	
	200m: 2:32.67 (39.35)		250m: 3:22.08 (49.41)	
	350m: 4:48.28 (37.16)		300m: 4:11.12 (49.04)	
			400m: 5:22.64 (34.36)	
28	 Zhou Ryan	13	 United Swi...	5:24.34 Entry: 5:57.41 (-33.07)
	50m: 33.38      100m: 1:13.61 (40.23)		150m: 1:56.38 (42.77)	
	200m: 2:38.68 (42.30)		250m: 3:24.15 (45.47)	
	350m: 4:46.75 (37.71)		300m: 4:09.04 (44.89)	
			400m: 5:24.34 (37.59)	
29	 Ives Lewis	13	 Ice Breaker...	5:25.77 Entry: 5:41.10 (-15.33)
	50m: 34.37      100m: 1:15.02 (40.65)		150m: 1:58.03 (43.01)	
	200m:            250m: 3:25.25 (3:25.25)		300m: 4:12.26 (47.01)	
	350m: 4:51.03 (38.77)		400m: 5:25.77 (34.74)	
30	 Henderson Finn	15	 Queenstow...	5:26.88 Entry: 5:41.52 (-14.64)